



“Approved for print.”

رستوران سماک



Cold Starters



1	PANIR SABZI 	£9.50
	Fresh green herbs, white <u>cheese</u> & <u>walnuts</u>	
2	MAST MUSIR 	£8.50
	<u>Yoghurt</u> dip with finely chopped garlic shallots	
3	MAST KHIAR 	£8.50
	<u>Yoghurt</u> dip with finely chopped cucumber & mint	
4	OLVIEH	£9.50
	Chicken, potato, <u>egg</u> , gherkin, grated carrots, peas mixed in mayo & lemon juice	
5	HUMMUS 	£8.90
	Pureed chickpeas, <u>tahini</u> , garlic & lemon juice	
6	MIXED PICKLES 	£8.00
	Pickled vegetables & mixed herbs	
7	KHIAR SHOOR & ZEYTOON 	£8.00
	Mixture of aged olives, gherkins & mushroom	
8	ZAYTOON PARVARDEH 	£9.90
	Olives marinated in pomegranate puree, ground <u>walnut</u> & herbs	
9	SHIRAZI SALAD 	£9.50
	Finely chopped cucumber, tomato, red onion mixed in lemon juice, mint & olive oil	
10	SUMAC SPECIAL SALAD 	£10.90
	Baby leaf salad, orange, <u>walnut</u> , pomegranate seed, pomegranate dressing	
11	GREEK SALAD 	£9.90
	Tomato, cucumber, red onion, olive, feta <u>cheese</u> , salad dressing	
12	BABA GHANOUSH 	£9.90
	Roasted aubergine mixed with <u>tahini</u> , <u>yoghurt</u> & <u>walnut</u> garlic puree, lemon juice garnished with chopped coriander	

Food Allergy? Ask before you eat ...

Please ask a member of staff about the ingredients in your meal before placing your order. Thank you



Management advises that food prepared here may contain or have come in contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish

 Vegetarians



Hot Starters



13	ASH RESHTE	£9.90
	The most popular Persian soup made with noodles, pulses & fresh green herbs	
14	SOUP OF THE DAY	£8.50
	Ask your waiter	
15	KASHKE BADENJAN	£9.90
	Fried aubergine, onion, garlic, <u>walnut</u> , mint & <u>whey</u> sauce	
16	MIRZA GHASEMI	£9.90
	Grilled aubergine, garlic, onion, <u>egg</u> & tomato	
17	DOLMEH BARGE MO	£9.50
	Vine leaves stuffed with rice & aromatic herbs	
18	DOLMEH BADENJAN	£9.90
	Aubergine stuffed with rice & aromatic herbs	
19	DOLMEH FELFEL	£9.90
	Sweet pepper stuffed with rice & aromatic herbs	
20	KOOKOO SABZI	£9.90
	A light soufflé of <u>egg</u> , fresh herbs, barberries & <u>walnuts</u>	
21	SKIN ON CHIPS	£4.90
22	FRIED KING PRAWNS	£12.90
	Pan-fried garlic basil king prawns	
23	CHICKEN WINGS	£11.90
	Grilled skewer of lemon saffron chicken wings	
24	PISTACHIO BREAD WITH GARLIC BUTTER	£8.90
	Freshly baked naan bread topped with <u>pistachio</u> slices & garlic butter	
25	NAAN BREAD	£2.90
	Freshly baked Persian bread	
26	PISTACHIO NAAN BREAD	£7.00
	Freshly baked Persian bread topped with <u>pistachio</u> slices	
27	MIX STARTER FOR 2 PEOPLE	£35.00
	A selected of 5 starters	
28	MIX STARTER FOR 4 PEOPLE	£41.00
	A selected of 5 starters	



Main Courses



Most grills are expertly marinated in a vibrant mix of saffron, lemon juice, virgin olive oil, onion, salt & pepper

29	CHELO KOOBIDEH Two skewers of grilled minced lamb served with grilled tomato & rice	£17.90
30	KOOBIDEH & NAAN Two skewers of grilled minced lamb served with grilled tomato & naan bread	£17.90
31	CHELO JOOJEH One skewer of grilled succulent, marinated chicken fillet served with grilled tomato & rice	£18.50
32	CHELO JOOJEH (on the bone) Grilled skewer of marinated (whole) baby chicken with grilled tomato & rice	£19.50
33	JOOJEH TORSH Grilled skewer of chicken fillet marinated in ground <u>walnuts</u> , herbs & pomegranate sauce with rice	£20.50
34	JOOJEH LARI Chicken fillet marinated in yogurt, lemon juice, onion & mild spices, tender and juicy, served with rice & grilled tomato	£21.50
35	CHELO BARG Grilled skewer of thinly sliced, tender, marinated lamb fillet served with grilled tomato & rice	£23.50
36	CHELO CHENJEH Grilled skewer of thick diced, tender, marinated lamb fillet served with grilled tomato & rice	£23.50
37	GHAFGHAZI Grilled skewer of marinated diced lamb fillet, chicken fillet, onion, pepper served with grilled tomato & rice	£20.90
38	SHISHLIK Grilled skewer of tender marinated lamb chops served with grilled tomato & rice	£24.00
39	MAKHSOOS Grilled skewer of marinated thinly sliced lamb fillet & a skewer of minced lamb served with grilled tomato & rice	£26.00
40	SOLTANI Grilled skewer of marinated diced lamb fillet & a skewer of minced lamb served with grilled tomato & rice	£25.90
41	MOMTAZ Grilled skewer of marinated chicken fillet & a skewer of minced lamb served with grilled tomato & rice	£22.00
42	VAZIRI One skewer of flat lamb fillet ,one skewer of chicken fillet, marinated with saffron, grilled tomato & rice	£29.90



Mixed Grills



43 **MIX GRILL FOR 2 PEOPLE** £49.90
Grilled skewer of marinated diced lamb fillet, a skewer of chicken fillet & two skewers of minced lamb served with two portions of rice, grilled tomatoes & salad

44 **MIX GRILL FOR 4 PEOPLE** £78.90
Grilled skewer of marinated diced lamb fillet, a skewer of chicken fillet, four skewers of minced lamb & one Ghafghazi served with four portions of rice, grilled tomatoes & salad



Seafood



45 **MAHI** £22.90
Grilled marinated whole sea bass served with grilled tomato & rice

46 **KING PRAWNS** £22.90
Grilled marinated king prawns served with grilled tomato & rice

47 **SALMON** £22.90
Grilled marinated salmon fillet served with grilled tomato & rice




Vegetarians



48 **GRILLED MIX VEGETABLES**  £12.50
Grilled skewer of pepper, shallot, courgette, aubergine & tomato

49 **MORASSA POLO**  £14.50
Rice with sliced pistachios, almonds, orange peel & saffron

50 **GHORMEH SABZI**  £16.50
Finely chopped fresh herbs, kidney beans, Mushroom & dried lime served with rice

51 **GHEYME BADENJAN**  £16.50
Fried aubergine in saffron and tomato sauce, split peas & dried lime served with rice

52 **BAMIYEH**  £16.50
Fried okra in tomato sauce served with rice

 **Food Allergy?**
Ask before you eat ...

Please ask a member of staff about the ingredients in your meal before placing your order. Thank you



Management advises that food prepared here may contain or have come in contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish

 **Vegetarians**

Stews

53	GHORMEH SABZI	£18.50
	Finely chopped fresh herbs, kidney beans, diced lamb & dried lime served with rice	
54	GHEYME	£18.50
	Split peas in saffron and tomato sauce, diced lamb & dried lime topped with finely cut chips served with rice	
55	FESENJAN	£20.90
	Fried ground <u>walnut</u> & chicken breast cooked in pomegranate sauce served with rice	
56	Ghalieh Mahi (Medium Spicy) 🌶️	£23.00
	A stew made with fresh herbs, tamarind, onions, and aromatic spices, offering a rich, tangy flavor	

Special Dishes

57	BAGHALI POLO (WITH LAMB SHANK)	£22.90
	Slow cooked succulent lamb shank served with rice mixed with <u>broad beans</u> & dried dill	
58	LOBIYA POLO (WITH LAMB SHANK)	£22.90
	Slow cooked succulent lamb shank served with rice mixed with green beans, tomato sauce & saffron	
59	ZERESHK POLO (WITH CHICKEN)	£19.90
	Chicken leg cooked in tomato sauce served with rice with saffron & barberries	
60	TAHCHIN	£23.90
	Saffron rice layered with chicken & fried aubergine, with a crispy golden crust	

Soft Beverages

61	COKE DIET COKE COKE ZERO FANTA SPRITE 330ml	£3.90
62	SODA WATER 150ml	£3.90
63	TONIC WATER 150ml	£3.90
64	SLIMLINE TONIC 150ml	£3.90
65	LEMONADE 150ml	£3.90
66	DOUGH (PERSIAN KEFIR) Traditional salty & minty <u>yoghurt</u> drink	330ml glass £4.90 1ltr jug £7.90
67	VIRGIN MOJITO 500ml	£7.90
68	STILL MINERAL WATER 1ltr bottle	£4.50
69	SPARKLING MINERAL WATER 1ltr bottle	£4.50
70	FRESHLY SQUEEZED JUICE CARROT APPLE ORANGE	£7.90
71	JUICE PINEAPPLE CRANBERRY MANGO	£4.90

— *Dessert* —

72	BASTANI Saffron ice cream with chopped <u>pistachio</u> & chunks of frozen cream	£7.90
73	FALOODEH Frosted sweet noodles in rose water	£7.90
74	MAKHLOUT Combination of Bastani & Faloodeh	£8.90
75	BAKLAVA	£9.50
76	ZOOLBIA AND BAMIEH	£7.50
77	WARM CHOCOLATE FONDANT & VANILLA ICE CREAM	£8.90
78	CREME BRULEE	£8.90
79	CHEESECAKE	£7.90

— *Tea* —

Price is for a small pot

80	AROMATIC PERSIAN CHAI	£5.50
81	FRESH MINT TEA	£5.50
82	EARL GREY	£5.50
83	GREEN TEA	£5.50

— *Coffee* —

84	ESPRESSO single	£2.90
85	ESPRESSO double	£3.90
86	LATTE	£4.50
87	CAPPUCCINO	£4.50
88	AMERICANO	£4.50

 **Food Allergy?**
Ask before you eat ...

Please ask a member of staff about the ingredients in your meal before placing your order. Thank you



Management advises that food prepared here may contain or have come in contact with peanuts, tree nuts, soybeans, milk, eggs, wheat, shellfish or fish

 **Vegetarians**



Persian Cuisine

34 Church Street, Twickenham, TW1 3NR

020 8892 6366

www.sumacrestaurant.co.uk

Opening Hours: 12:00 – 23:30

Welcome to Sumac, a name inspired by the vibrant and flavourful spice that is essential to Persian cuisine.

It symbolises the sunrise and the triumph of light over darkness. Naming our restaurant “Sumac” reflects our dedication to vibrant, authentic flavours and rich cultural traditions of Persian cooking, celebrating renewal and the joy of culinary exploration.

We look forward to welcoming you to a rich and flavourful culinary journey.

We are proud to serve **Halal** meat.

Special Dietary Options

We accommodate various dietary needs, including:

Gluten-Free | Vegan | Nut-Free

Please inform your waiter of any dietary restrictions, and we will be happy to assist you in selecting suitable menu options.

Events & Catering

Events

Experience the exclusivity of private dining at Sumac. Perfect for intimate gatherings or special occasions, our private dining area offers cosy, elegant setting with personalised service to suit your preferences.

Catering

Bring the flavours of Sumac to your next event. With over 20 years of catering experience, we would be thrilled to discuss your upcoming gathering.

For inquiries, please call 020 8892 6366